

SOUTHSIDE MASTERS inc

Sylvania Waters Athletic Track

Belgrave Espl. Sylvania Waters

PROGRAMME APRIL 2013 TO JUNE 2013

<u>Date</u>		<u>Short Distance</u>	<u>Long Distance</u>	<u>Road Race</u>	<u>Walk</u>
April	4	1500 meters	3 km	7.5 km	3 km
	11	800 meters	5 km	10 km	5 km
	18	1 Mile	3 km	7.5 km	3 km
	25	400 meters	5 km	10 km	5 km
	25		10 km	Track	
May	2	1500 meters	3 km	7.5 km	3 km
	9	800 meters	5 km	10 km	5 km
	16	1 mile	3 km	7.5 km	3 km
	23	200 meters	5 km	10 km	5 km
	23		10 km	Track	
	30	1500 meters	3 km	7.5 km	3 km
June	6	800 meters	5 km	10 km	5 km
	13	1 mile	3 km	7.5 km	3 km
	20	400 meters	5 km	10 km	5 km
	20		10 km	Track	
	27	1500 meters	3 km	7.5 km	3 km

Race Entry \$3

Short Distance Start 6.10 pm

Long Track & Road Start 6.20 pm

Membership Fee : Adults \$10 per year 1 October 2010 to 30 September 2011

Juniors : \$5, 18 yrs and under